

ABSTRAK

PENGARUH PEMBERIAN LEAFLET TERHADAP TINGKAT PENGETAHUAN DAN SIKAP PADA PASIEN HIPERTENSI DI PUSKESMAS KARANG INTAN II (Oleh : Nur Atikah: Pembimbing Depy Oktapian, Wahyudi); 2022; 80 halaman

Latar belakang, Hipertensi merupakan penyakit kardiovaskular paling umum dan salah satu yang paling banyak diderita masyarakat. Data World Health Organization (WHO) tahun 2015 menunjukkan sekitar 1,13 miliar orang di dunia menyandang hipertensi. **tujuan** penelitian ini untuk mengetahui pengetahuan pasien, sikap pasien dan pengaruh pasien hipertensi terhadap pemberian *leaflet* pada pasien Hipertensi Puskesmas Karang Intan II. **Metode** penelitian ini adalah menggunakan desain *pre-experimental* design dengan pendekatan one group *pretestpostest*. Populasi dalam penelitian ini adalah pasien hipertensi puskesmas Karang Intan II berjumlah 652 orang. Data dianalisis menggunakan uji statistik uji Wilcoxon dengan tingkat signifikan 5%. **hasil** terdapat perbedaan yang signifikan antara sebelum dan sesudah diberikannya intervensi, maka dapat disimpulkan bahwa adanya pengaruh media leaflet terhadap tingkat pengetahuan pada pasien hipertensi di puskesmas karang intan II. **Kesimpulan**, media leaflet efektif sebagai media promosi kesehatan untuk meningkatkan pengetahuan dan perilaku pasien hipertensi di Puskesmas Karang Intan II.

Kata kunci : Hipertensi, *Leaflet*, Tingkat pengetahuan, Tingkat Perilaku

ABSTRACT

THE EFFECT OF LEAFLET GIVING ON KNOWLEDGE LEVEL AND ATTITUDE IN HYPERTENSION PATIENTS AT KARANG INTAN II Public Health Center (By : Nur Atikah: Advisor Depy Oktapian, Wahyudi); 2022; 80 pages

Background, Hypertension is the most common cardiovascular disease and one of the most common in the community. Data from the World Health Organization (WHO) in 2015 shows that around 1.13 billion people in the world have hypertension. The purpose of this study was to determine patient knowledge, patient attitudes and the influence of hypertensive patients on leaflets for hypertension patients at Karang Intan II Public Health Center. This research method is using a pre-experimental design with a one group pretest-posttest approach. The population in this study were patients with hypertension at Karang Intan II Public Health Center totaling 652 people. The data were analyzed using the Wilcoxon test statistic with a significant level of 5%. The results showed that there was a significant difference between before and after the intervention, it could be concluded that there was an effect of leaflet media on the level of knowledge in hypertensive patients at Karang Intan II Public Health Center. In conclusion, leaflet media is effective as a media for health promotion to increase knowledge and behavior of hypertensive patients at Karang Intan II Public Health Center.

Keyword : Behavior level, Hypertension, Knowledge level, Leaflet